



ZENTRIL®

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What is osteoarthritis (OA)?
什么是退化性关节炎?
Apakah itu Osteoarthritis (OA)?

Why we need Zentril ?



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This product is
manufactured in
HACCP and ISO 9001
registered company.



Regenerate cartilage

Repair tendon ligaments

Anti-inflammation

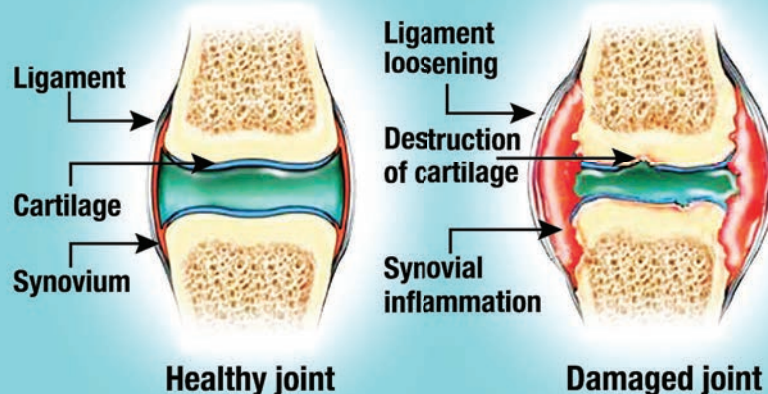
Stimulate synovial fluid production

Benefits of
Zentril



What is osteoarthritis (OA)?

Photo below shows the comparison between HEALTHY and OSTEOARTHRITIC JOINT



OA is a slowly progressive joint disease often occurs in middle-aged to elderly people. Besides "wear and tear" of the joints, this disease is characterized by breakdown of the cartilage, bony changes of the joints, deterioration of tendons and ligaments, and various degrees of inflammation of the joint lining.⁴

Why we need Zentril?

Zentril is a special formulation for Osteoarthritic patients. The formulation comprises of TYPE II COLLAGEN and SHARK CARTILAGE (natural source of chondroitin), which has proven excellent result in restoring joint flexibility and easing inflammation.

- **Better absorption**
Zentril powder to be mixed with water for better absorption.
- **Sugar free**
Zentril uses oligo as a natural sweetener which can be taken by diabetic patients. Oligo acts as food for probiotics. It helps to cleanse our intestinal tract to improve absorption of nutrients.
- **Delicious**
It has great and pleasant lemon flavor.
- **Convenient**
It's easy to carry while travelling and to be consume anywhere.

What is collagen?

Collagen (Type II) is the basic building block in our body; it is the major structural components of **our tendons, ligaments, cartilage and bones**. As we age, the production of collagen in the body slows down; this results in increased degeneration in those tissues, which eventually lead to Osteoarthritis. Studies reported that Osteoarthritis is associated with the breakdown of collagen (Type II) in the body, and these collagens are excreted away through the urine of OA patients.^{2,3} Thus, we need to replace the collagen (Type II) loss in OA patients.

Do you know?

Unmodified collagen is too large for the body to absorb. Hydrolyzed collagen is cut into pieces that are small enough for the body absorption. **Zentril** use Hydrolyzed collagen for this reason. When people take **Zentril** orally, the hydrolyzed collagen and other amino acids in the formulation are absorbed into the body. They act synergistically to stimulate the production of collagen, and thus rebuild joint's health. A journal article reviewed that oral administration of hydrolyzed collagen has been absorbed intestinally and accumulate in cartilage.¹

Why we need Zentril ?



**Fungsi
Benefits of
ZENTRIL®
的功效**

**Regenerate
cartilage**

重建软骨

**Membina semula
tulang rawan**

**Repair tendon
ligaments**

修复肌腱韧带

**Memperbaiki
tendon ligamen**

Anti-inflammation

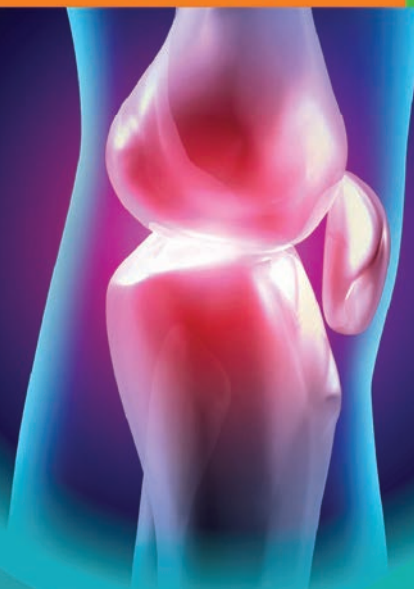
抗发炎

Anti-keradangan

**Stimulate synovial
fluid production**

**促进关节润滑液
的产量**

**Menggalakkan
penghasilan cecair sinovial**



What is shark cartilage?

The skeletal structure of shark consists of cartilage. This cartilage is rich in Chondroitin which is the building block of the cartilage. In addition, this component also known to possess **anti-inflammatory properties**. Chondroitin has reported to be effective in reducing symptoms of osteoarthritis and thus **ease the tingling sensation of osteoarthritic patient**.⁵

什么是鲨鱼软骨?

鲨鱼的骨骼结构是由软骨组成。软骨素是软骨的主要成分，它具有良好的抗炎效果。除此之外，研究报告显示，软骨素也能够减少退化性关节炎的症状，从而缓解所引起的刺痛感。⁵

Apakah itu Tulang Rawan Ikan Jerung?

Struktur rangka ikan jerung terdiri daripada tulang rawan. Kondroitin adalah komponen utama yang terkandung dalam tulang rawan tersebut. Selain itu, kondroitin juga mempunyai fungsi anti-keradangan. Kajian menunjukkan kondroitin adalah efektif dalam mengurangkan simptom osteoarthritis dan juga **mengurangkan kesakitan yang dialami oleh pesakit OA**.⁵



References:

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3. Sharif, M., Kirwan, J., Charni, N., Sandell, L. J., Whittles, C., & Garnero, P. (2007). A 5-yr longitudinal study of type IIA collagen synthesis and total type II collagen degradation in patients with knee osteoarthritis—association with disease progression. *Rheumatology*, 46(6), 938-943.
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